



Towbar Fitting Instructions
To Suit Holden Frontera 10/95-On
Part Number QTHD480
Rating 1600kg

1. Remove and discard tow hook from driver's side.
2. Offer towbar into position to align with tow hook bolt holes.
3. Secure with M10x35 bolts, spring washers and flat washers (items 3, 4 and 5).
4. Ensure towbar is square to vehicle and tighten all bolts to torque listing below.
5. Using remaining five holes in towbar as guides, drill up through both faces of chassis rails, with a 13mm drill.
6. Secure using M12x90 bolts, spring washers and tapped plates (items 1, 2 and 4).
7. Tighten all bolts to torque listing.
8. Apply firm even pressure to attach the plastic hitch box collar (item 9) to the hitch box.
9. Insert the tongue (item 10) into the hitch box and secure with pull pin and "R" clip (items 7 and 8).

COMPONENT KIT

<u>ITEM</u>	<u>DESCRIPTION</u>	<u>QTY</u>	<u>TORQUE Nm</u>
1.	M12 x 90 x 1.75p Bolt	5	77
2.	M12 Spring Washer	5	
3.	M10 x 35 x 1.25p Bolt	2	44
4.	M10 Spring Washer	2	
5.	M10 Flat Washer	2	
6.	M12 x 1.75p Tapped Plate (25 x 10 x 40) With 150mm Wire	5	
7.	Pull Pin (PIN_04)	1*	
8.	"R" Clip (PIN_01)	1*	
9.	Trailboss Hitch Box Collar (COL_04)	1	
10.	Tongue (PHD480)	1	

Note: * One of each item is used to secure the tongue to the hitch box during transit.



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